

W.H. Stevenson Fitness Center Promotes a Healthy Lifestyle

At Wilson we believe that exercise has a direct and material impact on learning readiness. We also believe in concept of 'the sooner the better'. Many of our elementary aged kids will have access to this health club atmosphere designed specifically for them. Outfitted with treadmills, rowing machines and the like, our students can exercise just like adults.

The principal at W.H. Stevenson Elementary School, Michael A. Cancilla, is making it his mission to help children learn to make healthy choices and live a healthy life style. Stevenson students have access to the fitness center as part of their educational experience.

The fitness center is also open evenings to community members. It will reopen Monday November 10, 2008 to the community. The rates and hours are listed below.

Membership Rates for 2008-09

District Residents

\$ 12.00 per person / per month

\$ 20.00 per family / per month

(Children 10 yrs. and up)

College Student

\$ 8.00 per person / per month

Non-Residents

\$ 20.00 per person / per month

\$ 5.00 per person / per day

- Open to the community on Monday November 10, 2008
- Membership forms are available at the main office.
- Checks are preferred:
 - Make checks payable to: Wilson Central School
District
- Hours: Monday - Thursday 4:30-7:00pm.

Please direct questions to Mr. Michael Cancilla Jr. at 751-9341, ext 142.